



National Collaborating Centre
for Determinants of Health

Centre de collaboration nationale
des déterminants de la santé

WEBINAR

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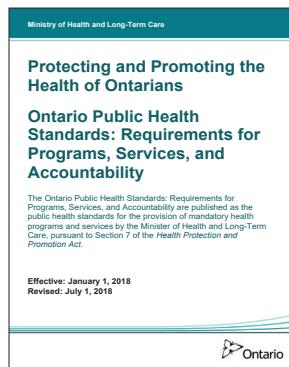
PUBLIC HEALTH TRAINING FOR EQUITABLE SYSTEMS CHANGE

RACIAL HEALTH EQUITY: EMBRACING A DECOLONIAL, ANTI-RACIST PRACTICE

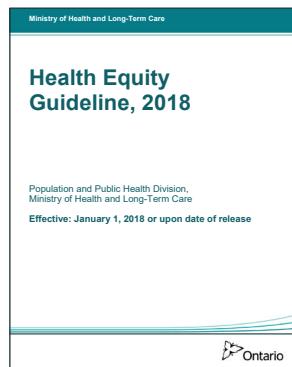
RESOURCES AND REFLECTION QUESTIONS

Thank you for your interest in on-demand webinars from the Public Health Training for Equitable Systems Change (PHESC) series. To further your learning BEFORE and AFTER the webinar, we have compiled a list of related readings and reflection questions.

PRE-WEBINAR READINGS



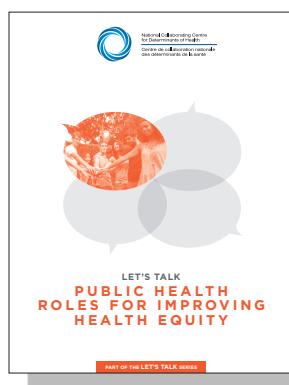
Ontario Ministry of Health and Long-term Care. (2018). *Protecting and Promoting the Health of Ontarians Ontario Public Health Standards: Requirements for Programs, Services, and Accountability*. Toronto, ON, p. 20-22.



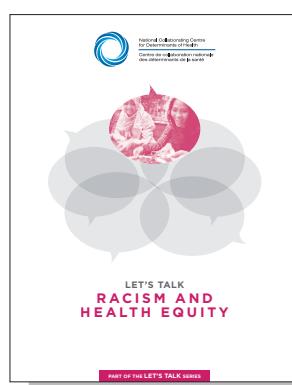
Health Equity Guideline, 2018

Population and Public Health Division,
Ministry of Health and Long-Term Care
Effective: January 1, 2018 or upon date of release

Ontario Ministry of Health and Long-term Care. (2018). *Health Equity Guideline, 2018*. Toronto, ON.



National Collaborating Centre for Determinants of Health. (2013). *Let's Talk: Public Health Roles for Improving Health Equity*. Antigonish, NS: National Collaborating Centre for Determinants of Health, St. Francis Xavier University.



National Collaborating Centre for Determinants of Health (2018). *Let's Talk: Racism and Health Equity* (Rev. ed.). Antigonish, NS: National Collaborating Centre for Determinants of Health, St. Francis Xavier University.

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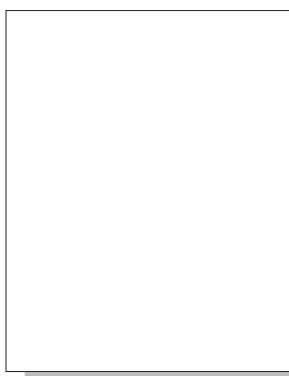
POST-WEBINAR READINGS



Canadian Public Health Association. (2018). *Racism and Public Health: Position Statement*. Retrieved from <https://cpha.ca/racism-and-public-health>.



National Collaborating Centre for Determinants of Health. (2018). *Key public health resources for anti-racism action: A curated list*. Antigonish, NS: National Collaborating Centre for Determinants of Health, St. Francis Xavier University



Sinai Health System. (2013, November 11). *Are you an ALLY? Being an Ally to Racialized People* [video file]. Retrieved from www.youtube.com/watch?v=WpEs2GK3V4A&t=3s



McKenzie, K. (2017). *Rethinking the Definition of Institutional Racism*. Toronto, ON: Wellesley Institute. Retrieved from: www.wellesleyinstitute.com/publications/rethinking-the-definition-of-institutional-racism



Ford, C. L. & Airhihenbuwa, C. O. (2010). Critical race theory, race equity, and public health: Toward antiracism praxis. *American Journal of Public Health*, 100 (Suppl 1), p. S30-S35.



National Collaborating Centre for Aboriginal Health. (no date). *Aboriginal racism in Canada*. Retrieved from: www.nccah-ccnsa.ca/419/Aboriginal_Racism_in_Canada_.nccah

REFLECTION QUESTIONS

1. How can understanding racism & colonialism make you a more impactful public health actor?
2. How can your organization's commitment to health equity better include racial equity goals?
3. How can your organization create spaces that encourage staff to challenge and examine racism within public health practice and society?
4. What actions can your organization implement to reduce racism?



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