



National Collaborating Centre
for Determinants of Health

Centre de collaboration nationale
des déterminants de la santé

WEBINAR

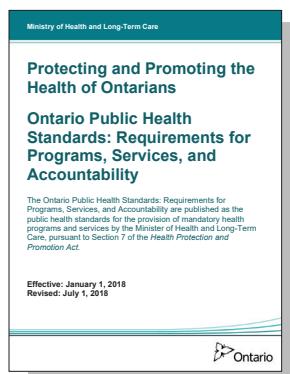
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PUBLIC HEALTH TRAINING FOR EQUITABLE SYSTEMS CHANGE INTRODUCTION TO HEALTH EQUITY

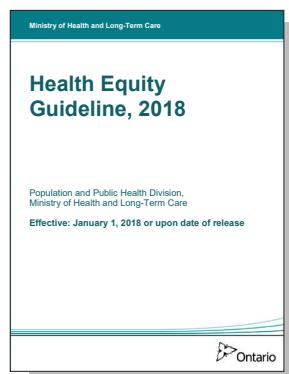
RESOURCES AND REFLECTION QUESTIONS

Thank you for your interest in on-demand webinars from the [Public Health Training for Equitable Systems Change](#) (PHESC) series. To further your learning BEFORE and AFTER the webinar, we have compiled a list of related readings and reflection questions.

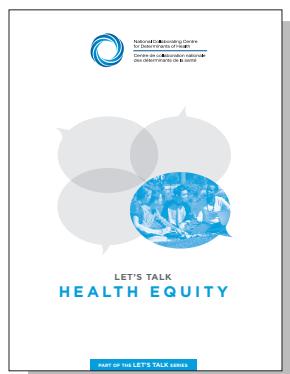
PRE-WEBINAR READINGS



Ontario Ministry of Health and Long-term Care. (2018). *Protecting and Promoting the Health of Ontarians Ontario Public Health Standards: Requirements for Programs, Services, and Accountability*. Toronto, ON.



Ontario Ministry of Health and Long-term Care. (2018). *Health Equity Guideline, 2018*. Toronto, ON.



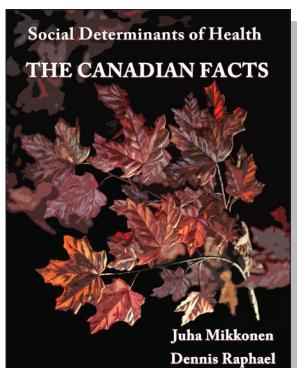
National Collaborating Centre for Determinants of Health. (2013). *Let's Talk: Health Equity*. Antigonish, NS: National Collaborating Centre for Determinants of Health, St. Francis Xavier University.



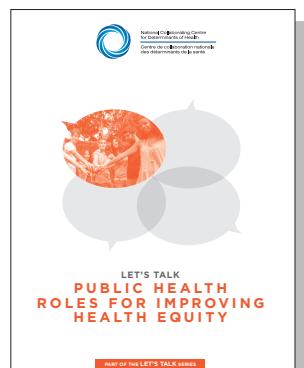
National Collaborating Centre for Determinants of Health. (2014). *Glossary of Essential Health Equity Terms*. Antigonish, NS: National Collaborating Centre for Determinants of Health, St. Francis Xavier University.

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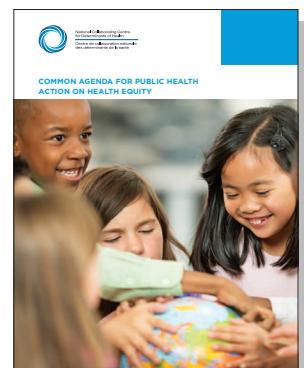
POST-WEBINAR READINGS



Mikkonen, J. & Raphael, D. (2010). *Social Determinants of Health - The Canadian Facts*. Toronto, ON: York University School of Health Policy and Management.



National Collaborating Centre for Determinants of Health. (2013). *Let's Talk: Public Health Roles for Improving Health Equity*. Antigonish, NS: National Collaborating Centre for Determinants of Health, St. Francis Xavier University.



National Collaborating Centre for Determinants of Health. (2016). *Common Agenda for Public Health Action on Health Equity*. Antigonish, NS: National Collaborating Centre for Determinants of Health, St. Francis Xavier University.

REFLECTION QUESTIONS



1. What are the top five disproportionately and unjustly distributed health inequities in your community?
2. What are the root causes of these inequities?
3. What are some health inequities you are addressing in your work?
4. What are the opportunities in public health practice, research and decision-making to effect change?
5. What are the actions and policies needed at the various levels of government to increase people's opportunities to be healthy and reduce health inequities?
6. Do your budget allocations reflect a commitment to address health inequity? If no, how could this be changed?
7. What actions are you taking to modify the power dynamics that create ill health?
8. Thinking about the communities that you work with, what are the historical and contemporary processes they have faced, which inhibit their access to resources and power?
9. How do your organizations' policies, practices and the ways in which resources are distributed, contribute to or challenge systems of oppression?

PHESC PROJECT PARTNERS



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